

Local Organizing Committee Picks

With so much to see and do, we wanted to make planning your vacation easier by offering suggestions for things such as where to get a bite to eat, which pub to enjoy a cold beer, or the best beaches for soaking up the sun. Below are suggestions straight from members of the organizing committee.

MEG Lab Picks for Best Beaches

Since the beaches below require access to a vehicle, we have included [this map](#) of beaches and lakes accessible by Metro Transit. Source: CBC

Rainbow Haven Beach Provincial Park: *Enjoy the fine white sandy beach, Rainbow Haven - complete with facilities including change houses, a canteen, showers, flush toilets, abundant parking, beach volleyball nets, and boardwalks which permit wheelchair access to the beach.*



Lawrencetown Beach: *Lawrencetown Beach, a south-facing stretch of sand that unfurls for nearly 1.5 km (1 mi), is renowned as a prime destination for local and international surfers. Facilities include showers, canteen, showers, flush toilets, boardwalks and plenty of parking.*



Martinique Beach Provincial Park: A beautiful beach and a bird sanctuary is one of the attractions. With 5km of coastline, the loud waves and gorgeous sandy expanse attract surfers, beachcombers and swimmers from around the globe.



Local Organizing Committee and Symposium Speaker, Dr. Tim Bardouille's Favorite Places for Beer

Your Father's Moustache: Your Father's Moustache offers beer brewed right below them, in their sister bar, Rockbottom Brew Pub. Enjoy a fresh cold beer and the famous Pub Club Sandwich on one of the best restaurant patios in the city. Check the menu [here](#).



Bubba Ray's Sports Bar: Visit *Bubba Ray's* for cheap drink specials and countless television screens showing numerous sporting events. They have been awarded Halifax's Favorite Chicken Wings by Faces Magazine & The Coast Newspaper, as well as Atlantic Canada's Fav Sports Bar. Check the menu [here](#).



The Loose Cannon: *The Loose Cannon* is a great spot for Halifax-made brews. Located in the center of Halifax's Entertainment District, experience a true neighbourhood pub in the heart of the city. Featuring a range of Scottish Dishes and a wide selection of local and imported beer, whiskey, and single malt Scotch. Check the menu [here](#).



Stillwell Beer Bar: Located on Barrington Street in downtown Halifax, Stillwell is the place to go for great craft beers from Nova Scotia's flourishing craft brewing community and beyond. On draught or freshly conditioned in casks and bottles, the beers are exciting, flavourful, and always changing. Check the menu [here](#).



Co-Chair, Dr. Steven Beyea's Dinner Picks

Vinnie's Pasta Bar: Voted the best Pasta restaurant in the city by *The Coast*, Vinnie's Pasta Bar on Inglis Street offers fresh pasta that is made from scratch when the customer orders.



Le Bistro: Le Bistro offers old world French charm right in the heart of Halifax. A quaint, cozy, full of life restaurant that features lots of Parisian Café favorites, cooked in an open style kitchen. With live entertainment on Wednesday, Friday and Saturday evenings, Le Bistro is a great place for any occasion. Check the menu [here](#).



daMaurizio: At daMaurizio, no detail of the customer's dining experience is overlooked. With award winning menus, wine list and service have made daMaurizio a long-time favorite of local residents and visitors alike. Check the menu [here](#).

